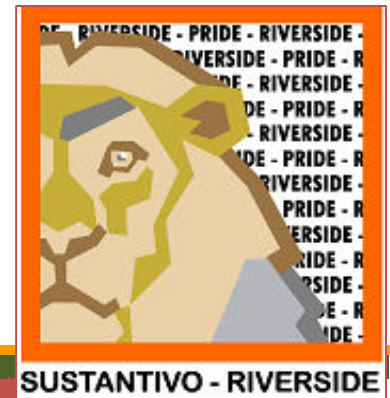




Better Health Through Education



We'll treat you right



# VIVA BIEN EN RIVERSIDE:

## Dia Familiar de Diversion y Condicion Física! Sabado Julio 18, 2009

### Centro de Escenario:

**Ask Me~ Diabetes**

**Please visit Novo Nordisk booth**

**Sensei Maria-Shozen Martial Arts @ YWCA**

**Patrick McCoy-  
Prodigy~ Fitness & Nutrition\**

**Eric Oliver~Knockout Boxing Fitness**

**Latino Cooking  
Choose Healthy Exciting Food  
Chef Michael Gomez**

**Slow Food Cooking  
Chef Sureka Acharya**

**Columbian ~ Dancers**

### Actividad:

**Public Health Dept. Nutrition Service**

### Latino Musica:

**DJ, Ricardo Gomez- MOOzKit**

### Probando Comidas:

**El Pollo Loco**

**Schwans**

**Trader Joe's**

### Maestro de Ceremonia:

**Luis Medina**

### Paseo de Exhibiciones:

**Arlanza Family  
Health Center**

hemoglobin, glucose and blood  
pressure screenings

**Curves**

**Dr. Daniel Franco**  
Blood Pressure/  
Glucometer screenings

**El Pollo Loco**

**Eric Oliver~  
Knockout Boxing Fitness**

**Inland Empire Health Plan**

**Inland Agency WHI**

**Latino Cooking  
Chef Michael Gomez**

**Life Scan**

**Little Gym**

**LivHome**

**Michelle's Place**

**Patrick McCoy  
Prodigy- Fitness &  
Nutrition**

**Ask Me~Diabetes  
Novo Nordisk**

**Premier Service Bank**

**Public Health Dept.  
Nutrition Service-  
First Five**

**Riverside Community  
Health Foundation  
Community Outreach**

**Riverside County  
Public Health**

**Riverside  
Meals on Wheels**

**Riverside Medical Clinic  
Dr. Donald Childs**  
Pediatrics and Young Adults &  
Pediatric Endocrinology  
Blood Pressure/Blood Sugar  
Testing

**Dr. Elias F. Sanchez**  
Glucometer/Cholesterol  
Screenings

**\*Secure Horizons  
by United Healthcare**

**Adolfo Saldana-  
State Farm**

**Trader Joe's**

**Vantage Oncology**

**WEST COAST DENTAL**

**YWCA  
Sensei Maria  
Shozen-Martial Arts**

## Shamel Park

Sponsored by:

3650 Arlington Ave Riverside, CA 92506

Vengan a divertirse - 9:00 a.m. to 2:00 p.m.

**Y Estacionamiento Gratis- Riverside Medical Clinic**



"Caring for the Lives of Our Families"  
A 501c3 Nonprofit Organization  
www.LDA.org



\* "Un representante Seguro de Horizontes estará disponible distribuir información de beneficio."